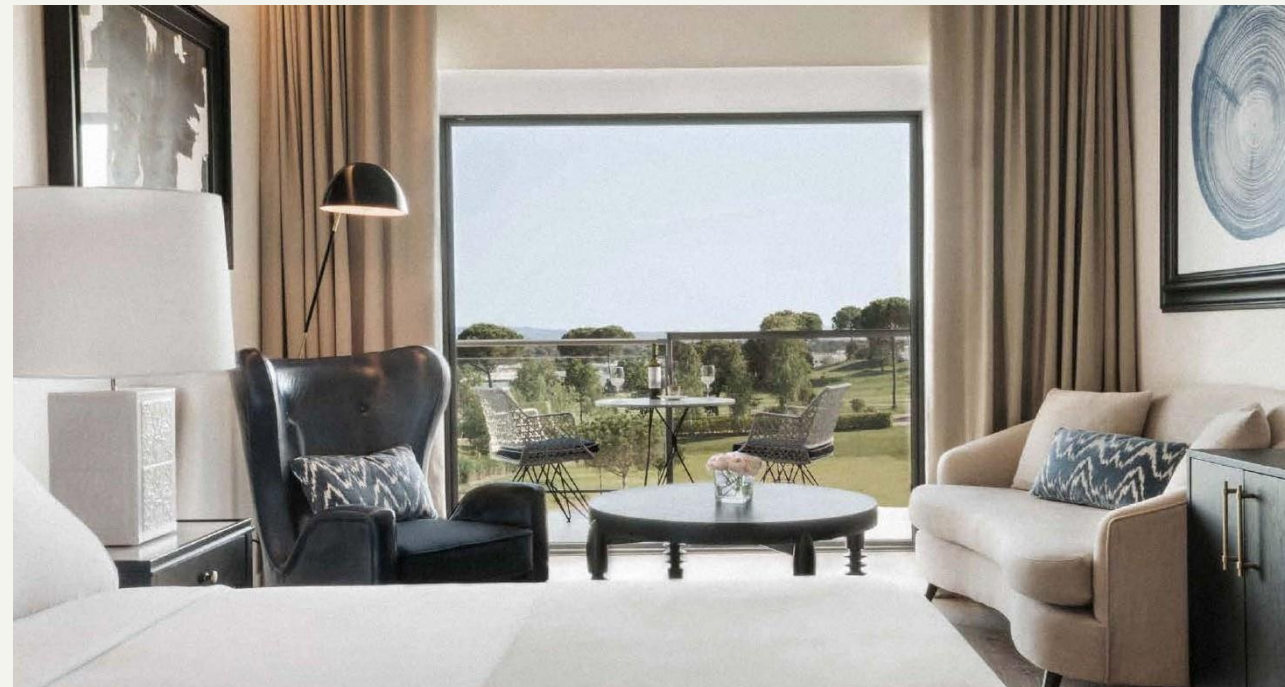




CAMIRAL

GOLF & WELLNESS





Camiral Golf & Wellness is placed in 540 hectares of Mediterranean forest and located just one hour from Barcelona and 25 minutes from Costa Brava, with many national and international road, rail and air connections and just 20 minutes from the historic town of Girona.

LOCATION



LOCATION



CAMIRAL

GOLF & WELLNESS

• GIRONA

• BARCELONA

• MADRID

FOOTBALL TRAINING CAMPS

Amateur & Professional Teams



TRAINING GROUND AND FACILITIES

Enjoy training of one of our 2.5 training pitches; one state-of-the-art 105x68m natural grass training pitch and a 15 training pitch designed with Desso hybrid grass. Our pitches are maintained daily and kept optimal for your training needs.

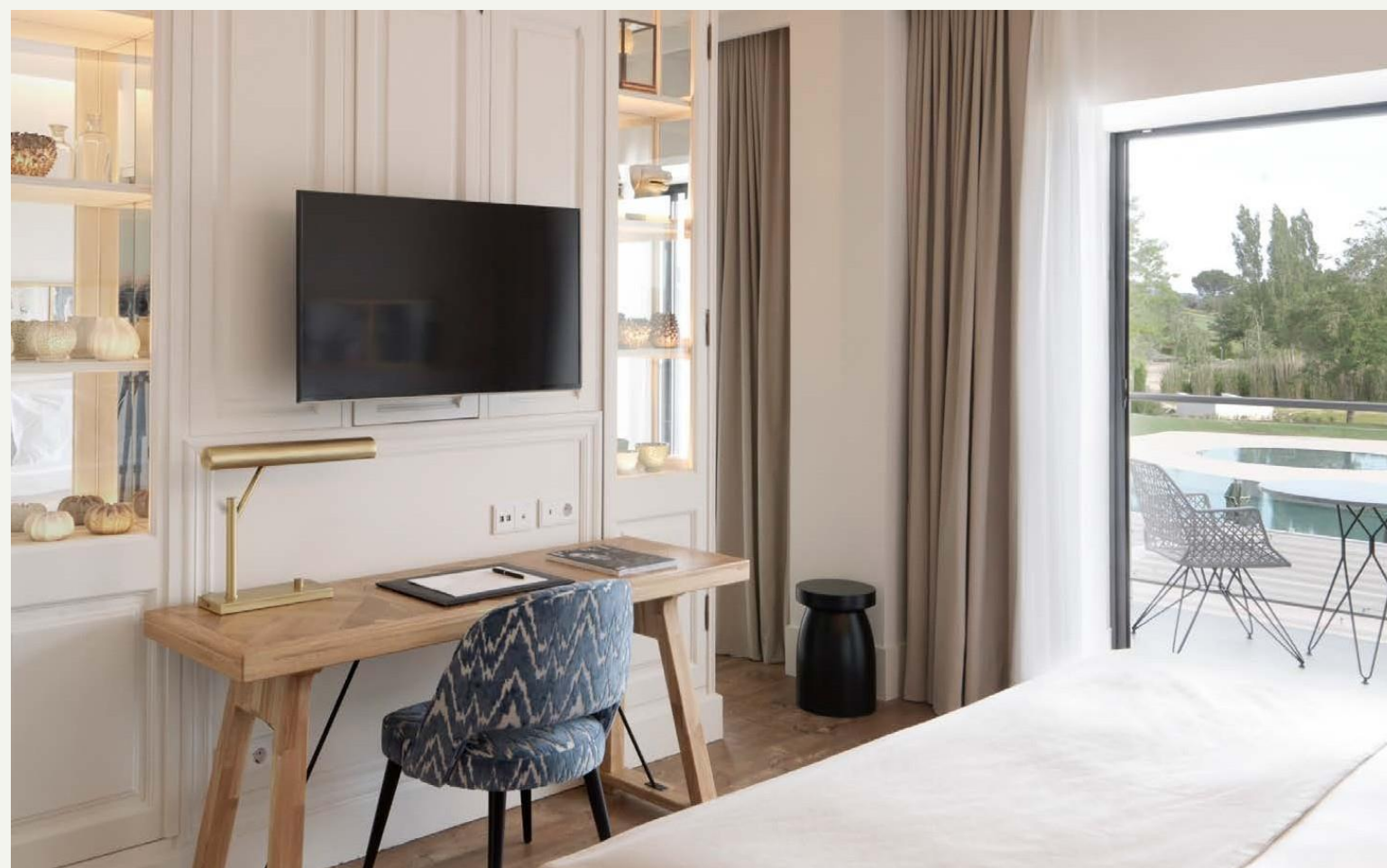


SPECIAL PACKAGE

- Accommodation in 5* Hotel - LHW
- Full Board (Breakfast, Lunch & Dinner) – Snack option available
- 2 daily sessions
- Laundry service
- Massage Room, Kit room, team meeting room & offices

Added values:

- Private Area in the Hotel for the whole Team
- Upgrades for coach & sports director
- Complimentary Hotel Gym
- Sleeping study for profesional athletes
- 2,5 Football pitches (Hybrid Desso grassmaster pitch & natural Grass pitch)





GIRONA FC

CajaBank

parlem

PUMA

ESTRELLA

NISSAN

Gosbi

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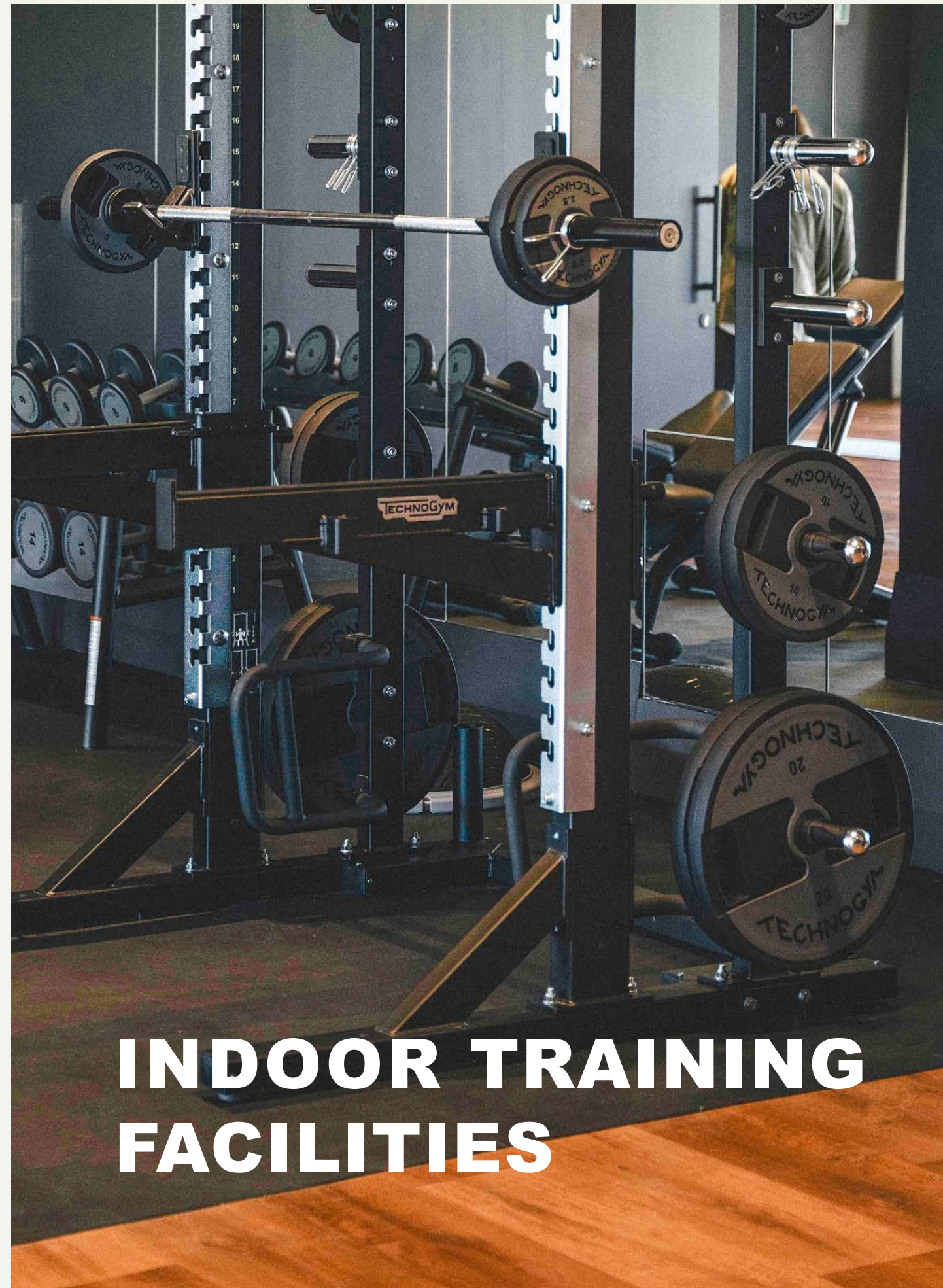
ESTRELLA



MEXICO EN VIDA Coca-Cola Adidas BANORTE

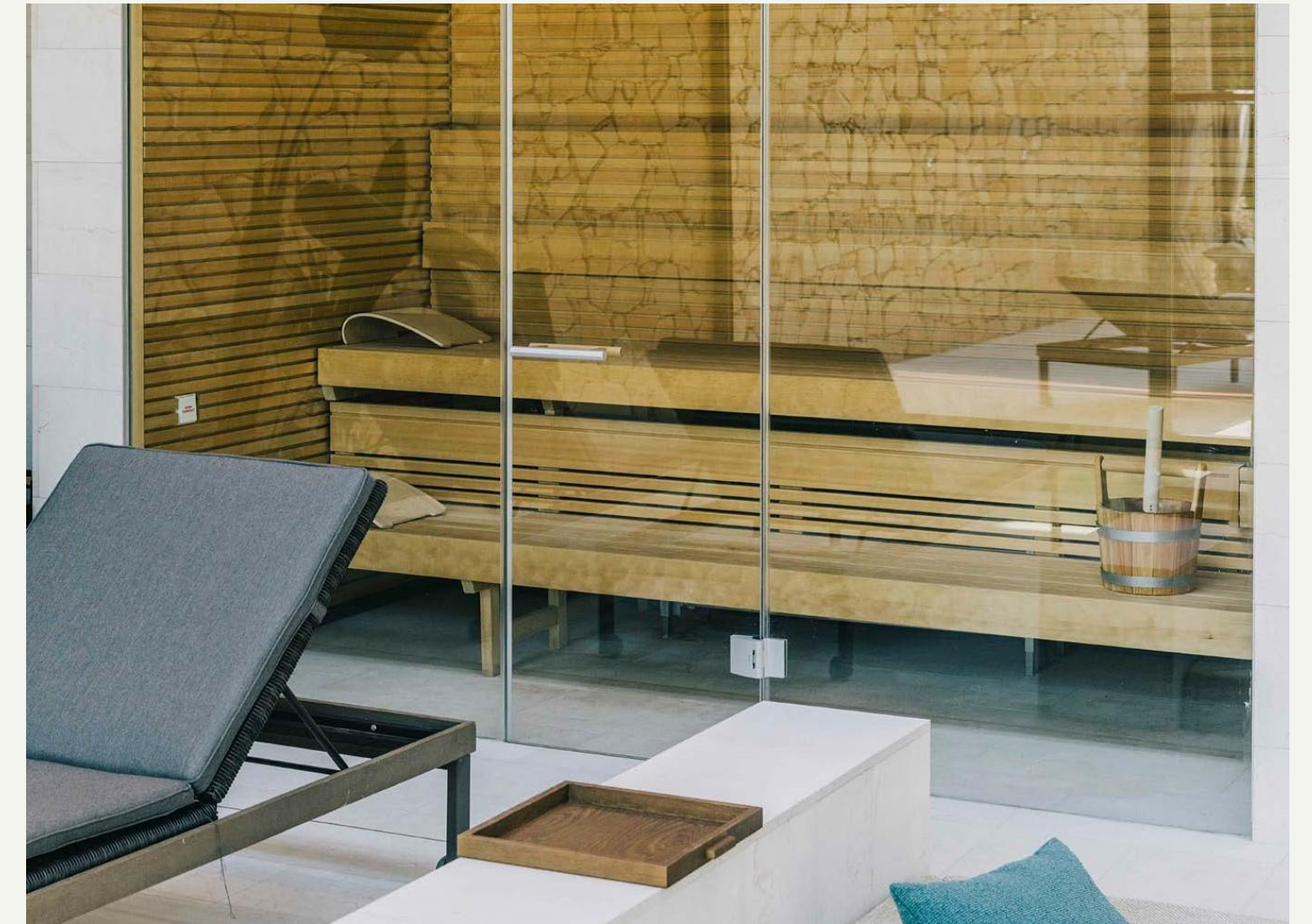
WELLNESS CENTRE

- Innovative Technogym gym with cardio, stretch and functional movement areas as well as a free weights section
- Private studio area for personalised or group classes
- Additional exterior space for group sessions

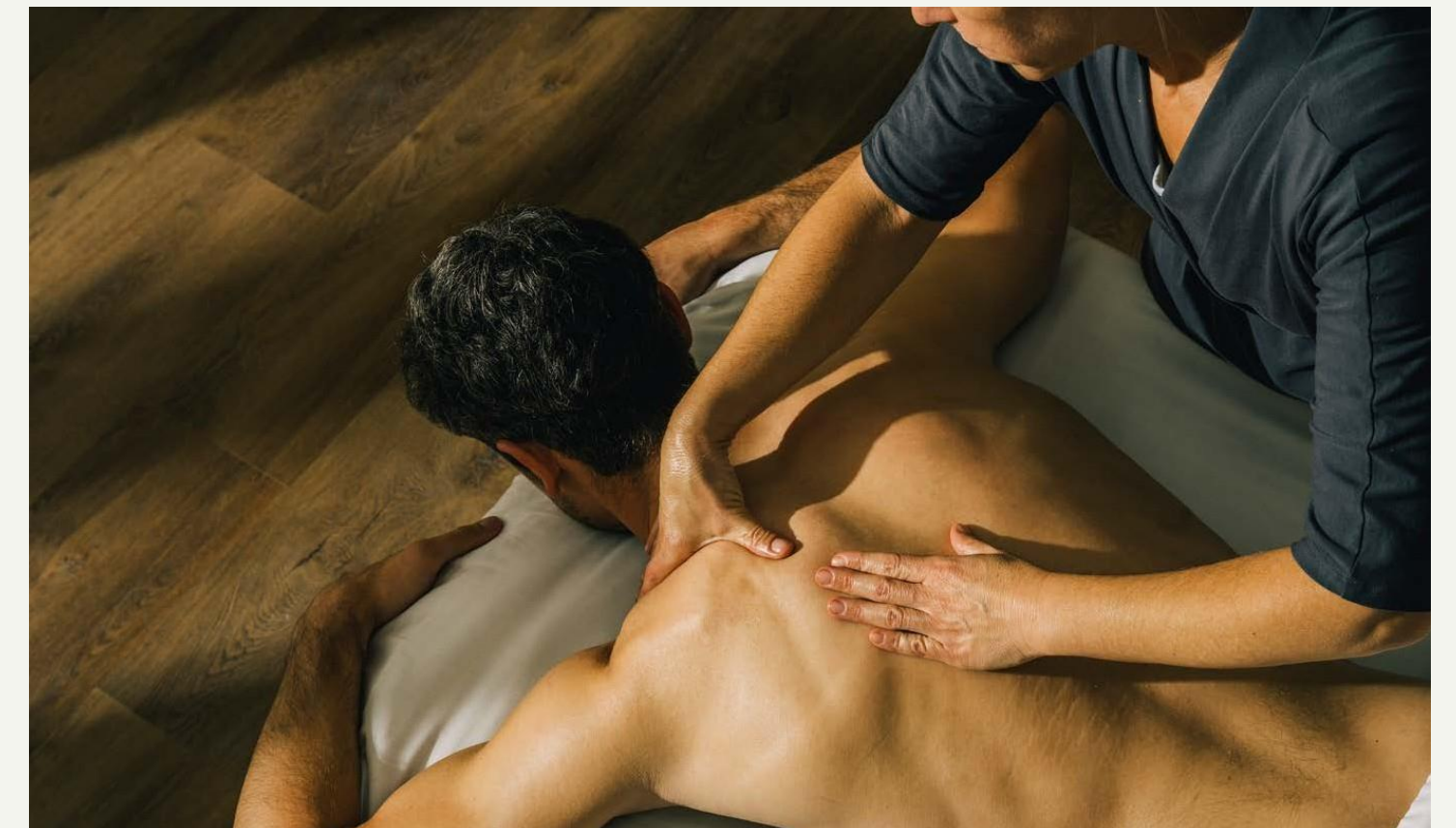


WELLNESS CENTRE

At the Wellness Centre we pride ourselves on a truly holistic sports programme. This includes our state-of-the-art technology-led treatments. These include Cryotherapy, Oxygen Chamber Therapy, Photo Bio Modulation and IV Infusion. Our experts work with Dr. Saskia Kloppenburg to offer highly efficient treatments. We also offer a host of more traditional treatments, from sports massages to relaxing hot stone treatments.



**HIGH-TECH
THERAPY**



GOLF

Camiral Golf & Wellness is home to two world-class golf courses consistently ranked among the best in Europe.

Home to the Spanish Open on three occasions and to the #1 ranked golf resort in Spain, the resort is a regular venue for European Tour tournaments.

With its well-equipped, hi-tech practice facilities and superb natural setting, our golf resort is perfect, whether you're looking to improve football focus or simply enjoy bonding with the team over a game of golf.

Gameplay and enjoyment will be further enhanced with a trip to the Golf Hub, with personalised coaching, virtual golf games on the practice range, world leading Tour technology and equipment fitting by our PGA professionals.



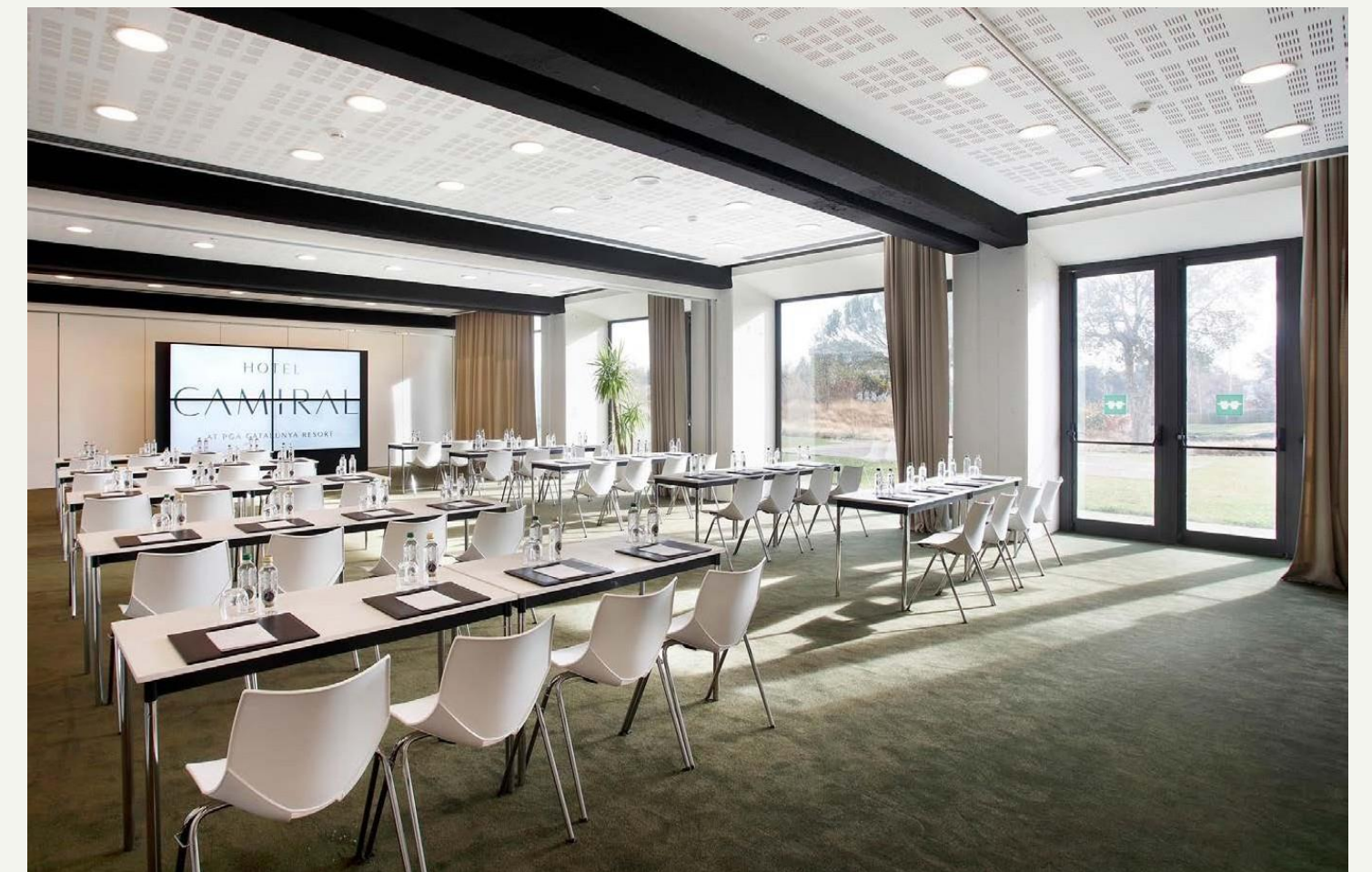


PRIVATE ROOMS

We know how important it is to have private space for you and your team. From coaching sessions to talking tactics, we have ample space available.

Our adaptable spaces are also great for one-on-one meetings and physio spaces.

- Massage rooms
- Kit rooms
- Meeting rooms: coaching sessions
- Meeting rooms: team meetings
- Meeting rooms: tactical meetings



GASTRONOMY

In addition to five different dining options - where chefs can adapt menus to your needs - your team will be appointed a private kitchen, so teams are able to bring along nutritionists and chefs. Our kitchens are fully equipped with anything you need.

As well as a private kitchen, your team will enjoy a private dining area and buffet options adapted specifically to your needs.

- Private kitchen
- Private dining rooms



ACTIVITIES

Surrounded by Catalan forests and mountains, Camiral Golf & Wellness is the perfect base for walking or cycling tours. With our Forest Park activities at your disposal, you'll have plenty of team building opportunities to choose from.



With 145 rooms and suites, generous space will give you the privacy you need. With contemporary architecture and luxury amenities, this Leading Hotels of the World property will feel like a home away from home.



CAMIRAL

GOLF & WELLNESS



A MEMBER OF



THE LEADING HOTELS
OF THE WORLD®

HOTEL



BEAUTIFULLY DESIGNED

HOTEL





Each of LAVIDA Hotel's 50 rooms feature sweeping golf course views from private balconies, top-quality beds and amenities as well as modern design details.



LAVIDA
CAMIRAL GOLF & WELLNESS



LAVIDA

Comfortable rooms



Enjoy the privacy of our gated community with a 24/7 private security team. Camiral Golf & Wellness is nestled in a safe environment, giving you the security you need at all times.



**GATED COMMUNITY,
PRIVACY & SECURITY**



CAMIRAL

GOLF & WELLNESS